

DRAFT FOR DISCUSSION
Behavioral Health Partnership (BHPOC)
Child & Adolescent Quality, Access, and Policy Subcommittee (CAQAP)
2023 Goal, Metrics, and Presentations

Goal: The CAQAP will receive presentations and monitor selected metrics on three broad (and interrelated) goals for behavioral health services and will make recommendations to the BHPOC for system and service delivery improvements.

Goals (with suggested specific topics):

- **Increase Access to Behavioral Healthcare:** demonstrate need for increased access; barriers; racial/ethnic factors; Medicaid population characteristics; SBHC/SBMH; telehealth; healthcare integration; lasting impact of COVID; workforce factors
- **Reduce Emergency Department & Inpatient Utilization:** comprehensive overview of existing children's behavioral healthcare system; utilization data; contributing factors to utilization; impact on children/families; impact on other levels of care; promising remedies
- **Ameliorate Workforce Crisis:** impact on behavioral health services; resources available to mitigate impact; social determinants; impact on workforce; long-term implications to the children's BH system

Metrics

The CAQAP will be guided by metrics selected to track to these three goals. When possible, data elements will be disaggregated by race, ethnicity, primary language; and secondarily to service area, ID/DD, diagnosis/presenting problem, DCF involvement, or other factors.

Metrics available and considered of primary importance to the CAQAP's goals

- ED Utilization
- Inpatient Utilization
- Availability/capacity/utilization of Intermediate Levels of Care
- Availability/capacity/utilization of Lower Levels of Care

Presentations

A primary presentation (around one hour inclusive of questions and discussion) will be focused on one or more of the goals. Secondary presentations (around 30 minutes inclusive of questions and discussion) may also be scheduled. This secondary presentation will be generally relevant to CAQAP's charge even if not related directly to one of the goals. Possible presenters include Beacon, state agencies, providers, and other stakeholders. The list below is not exhaustive and is not yet prioritized and organized by theme.

- HUSKY 101: Process for accessing Medicaid services among enrollees
- Health equity
- Impact of workforce challenges on access

- Licensure issues
 - Funding
 - Training
- Impact of ECC expansion
- DEI initiatives in behavioral healthcare systems
- Identifying and addressing access barriers, including racial/ethnic factors
- Medicaid service utilization, population profile characteristics
- School-Based Health Centers & School-Based Mental Health
- Telehealth, current use and future role
- Physical and Behavioral Health Care Integration
- Long-term impact of COVID on children's behavioral health
- Regulatory, paperwork processes that may be barriers to access